



7-DAY DEVOTIONAL

# Who Am I?

*Seven days discovering your true identity in Christ*

*“I will praise thee; for I am fearfully and wonderfully made.” — Psalm 139:14*



BEFORE YOU BEGIN

## Who am I, really?

It's the question underneath all the other questions. The world gives a hundred shaky answers — your looks, your grades, your followers, your past. Over the next seven days, let God tell you who you actually are. Read one each day. Don't rush. Let it sink in.

Find a quiet few minutes, read the verse slowly, then the reflection, then take the small step at the end. That's it. Seven days, seven truths, one new way of seeing yourself.



DAY 1

# You Are Chosen

## Ephesians 1:4 · KJV

*“According as he hath chosen us in him before the foundation of the world, that we should be holy and without blame before him in love.”*

Long before you could earn it, prove it, or even ask for it, God chose you. Not because you were impressive, but because He loved you. Your identity doesn't start with what you've done — it starts with what He decided about you before the world began.

On the days you feel picked last, overlooked, or unsure where you fit, remember: the God of the universe picked you on purpose. That is the most secure foundation a life can be built on.

**Today's step:** Say it out loud today: “I am chosen by God.” Believe it before you feel it.

### My reflection

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DAY 2

# You Are Forgiven

**1 John 1:9 · KJV**

*“If we confess our sins, he is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness.”*

Guilt likes to keep a record. It replays your worst moments and whispers that you’re defined by them. The gospel tells a different story: when you bring your sin to God honestly, He forgives — completely, faithfully, every time.

You are not your worst day. In Christ, the slate is wiped clean. Stop carrying what God has already taken away.

**Today’s step:** Confess one thing you’ve been holding onto, and receive His forgiveness fully.

**My reflection**

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DAY 3

# You Are a New Creation

**2 Corinthians 5:17 · KJV**

*“Therefore if any man be in Christ, he is a new creature: old things are passed away; behold, all things are become new.”*

People love to put you in a box: ‘that’s just how they are.’ But in Christ you are not stuck with the old version of yourself. He makes people new — not by trying harder, but by His Spirit changing you from the inside.

You are not a slightly-improved old you. You are a new creation. Live like the person God is making you, not the person your past says you are.

**Today’s step:** Name one ‘old thing’ you’re ready to let pass away, and ask God to make it new.

**My reflection**

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DAY 4

# You Are Loved

**Romans 8:38-39 · KJV**

*“For I am persuaded, that neither death, nor life... shall be able to separate us from the love of God, which is in Christ Jesus our Lord.”*

There is nothing you can do to make God love you more, and nothing you can do to make Him love you less. His love isn't a reward for good behaviour — it's who He is toward you.

Friends may leave, feelings may change, but this love has no exit. Nothing in all creation can separate you from it. You are loved with a love that will not let you go.

**Today's step:** When you feel unlovable today, preach this truth to yourself: nothing can separate me from God's love.

**My reflection**

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DAY 5

# You Are Gifted

**1 Peter 4:10 · KJV**

*“As every man hath received the gift, even so minister the same one to another, as good stewards of the manifold grace of God.”*

You are not an empty vessel waiting to become useful ‘one day.’ God has already placed gifts in you — abilities, passions, a way of seeing the world — meant to bless the people around you.

Don’t bury what He gave you while comparing yourself to others. Discover it, develop it, and put it to work. The body of Christ needs exactly what you bring.

**Today’s step:** Name one gift or strength you have, and one way you could use it to serve someone this week.

**My reflection**

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DAY 6

# You Belong

**Ephesians 2:19 · KJV**

*“Now therefore ye are no more strangers and foreigners, but fellowcitizens with the saints, and of the household of God.”*

The ache to belong is one of the deepest things in us. The good news is that in Christ you are family — not a guest, not an outsider, but part of the household of God.

You don't have to perform to earn your place. You're already in. And you're meant to help others find that they belong too.

**Today's step:** Reach out to someone who might feel like an outsider, and help them feel they belong.

**My reflection**

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DAY 7

# You Have Purpose

**Jeremiah 29:11 · KJV**

*“For I know the thoughts that I think toward you, saith the LORD, thoughts of peace, and not of evil, to give you an expected end.”*

Your life is not a series of random events with no direction. God has thoughts toward you — plans for peace and a future. You were made for something.

You may not see the whole road yet, and that’s okay. Trust the One who does. Walk with Him one step at a time, and your story will become something only He could write.

**Today’s step:** Write down one hope or dream and offer it to God, trusting His good plan for your future.

**My reflection**

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