



YOUTH BIBLE STUDY · 4 SESSIONS

Identity & Purpose

Who you are, and what you're here for

A study for small groups or solo — from The Berean Youth



HOW TO USE THIS STUDY

Four sessions, one big question

This guide works on your own or — even better — with a few friends. Each session has the same simple shape: read the Scripture, talk through the idea, dig into the questions, then commit to one practical step. Aim for honesty over having the ‘right’ answer.

Leader tip: You don’t need to be an expert. Read it ahead, pray, ask the questions, and let people share. Silence is okay — give space to think. Keep what’s shared in the group confidential, so it stays a safe place.



SESSION 1

Made in His Image

Genesis 1:26-27 · KJV

“And God said, Let us make man in our image, after our likeness... So God created man in his own image.”

The big idea

Every human being carries the image of God — dignity that no failure can erase and no insult can remove. Before we ask what we should do, we must know whose we are. Your worth is not earned; it is given by your Maker.

Talk about it

1. What does it mean to you that you are made ‘in the image of God’?
2. Where do you tend to look for your sense of worth instead of God?
3. How would treating every person as an image-bearer change how you act this week?

This week: Catch yourself when you measure your value by performance or popularity — and replace it with the truth of Genesis 1:27.

Notes & prayer requests



SESSION 2

Broken but Loved

Romans 5:8 · KJV

“But God commendeth his love toward us, in that, while we were yet sinners, Christ died for us.”

The big idea

We are not only image-bearers; we are also broken. But the cross shows that God’s love does not wait for us to fix ourselves. He loved us at our worst and gave His Son. Identity is found not in being good enough, but in being loved that much.

Talk about it

1. Why is it important to be honest about our brokenness?
2. How does it change you to know God loved you ‘while you were yet a sinner’?
3. What would it look like to stop performing for God’s love and start resting in it?

This week: Write down one area you’ve been hiding or performing in, and bring it honestly to God this week.

Notes & prayer requests



SESSION 3

Remade with Purpose

Ephesians 2:10 · KJV

“For we are his workmanship, created in Christ Jesus unto good works, which God hath before ordained that we should walk in them.”

The big idea

Salvation isn't the finish line — it's the starting line of a purpose-filled life. You are God's workmanship, His masterpiece, created for good works prepared in advance. Your gifts, story, and passions are not accidents; they are tools for a calling.

Talk about it

1. What gifts, passions, or experiences has God given you?
2. Who are the people in your everyday life that you're uniquely placed to reach or serve?
3. What 'good work' could you begin walking in this month?

This week: Identify one good work that fits how God made you, and take the first practical step toward it.

Notes & prayer requests



SESSION 4

Sent to Shine

Matthew 5:14-16 · KJV

“Ye are the light of the world... Let your light so shine before men, that they may see your good works, and glorify your Father which is in heaven.”

The big idea

Identity leads to mission. You are not light to hide it, but to shine it. Your purpose isn't just personal growth — it's to point others to God. The world is watching this generation; let them see something real in you.

Talk about it

1. Where are the 'dark' places (school, online, home) your light is most needed?
2. What makes a Christian's light attractive rather than off-putting?
3. How can this group keep encouraging each other to shine after this study ends?

This week: Choose one place where you'll deliberately 'let your light shine' this week through your words and actions.

Notes & prayer requests
